

Pasta Squid Ink

Nutrition Facts

4 servings per container

Serving size **2 oz (57g)**

Amount Per Serving

Calories **160**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 15mg **1%**

Total Carbohydrate 29g **11%**

Dietary Fiber 5g **18%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 9g

Vitamin D 0.3mcg 2%

Calcium 20mg 2%

Iron 1.8mg 10%

Potassium 190mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DURUM FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE EGGS, WATER, WHEAT GLUTEN, CUTTLEFISH INK (WATER, SALT, THICKENER E466

CONTAINS: EGG, WHEAT

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