

# Ravioli Lobster

## Nutrition Facts

4.5 servings per container

**Serving size 6 pieces (227g)**

**Amount Per Serving**

**Calories 490**

**% Daily Value\***

**Total Fat** 15g **19%**

Saturated Fat 8g **40%**

*Trans* Fat 0g

**Cholesterol** 195mg **65%**

**Sodium** 1070mg **47%**

**Total Carbohydrate** 55g **20%**

Dietary Fiber 9g **32%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

**Protein** 35g

Vitamin D 0.6mcg 2%

Calcium 310mg 25%

Iron 3.3mg 20%

Potassium 580mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICOTTA CHEESE (CONTAINING PASTEURIZED WHOLE MILK, STARTER AND SALT, WHEY, MILK, VINEGAR AND XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM STABILIZERS), DURUM FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CRUSTACEANS, LOBSTER, NORTHERN, COOKED, MOIST HEAT, WATER, WHOLE EGGS, PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, WHITE PEPPER

CONTAINS: MILK, EGG, WHEAT, LOBSTER

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